



Pam Stanton
Member since 2019

I don't think there's one thing I don't like about The Helm. The wonderful staff creates a warm atmosphere and the programs are so good. As I become more involved, I become more proud to be a part of this community.



[HTTPS://HEMLIFE.ORG](https://helmlife.org) (313) 882-9600 158 RIDGE ROAD, GROSSE POINTE FARMS, MI 48236

Pam Stanton is an all-star at The Helm. She has been a member of The Helm Board of Trustees for two years and involved in various way with the annual gala the past couple of years including serving as co-chair for this year's event. Pam also actively participates in activities, including exercise classes twice a week. Not only does she enjoy the exercise programs, she looks forward to them.

“I don't think there's one thing I don't like about The Helm. The wonderful staff creates a warm atmosphere and the programs are so good. As I become more involved, I become more proud to be a part of this community.”

Born and raised in Grosse Pointe, Pam attended college in Grand Rapids and earned a liberal arts degree. She then worked in various positions at National Bank of Detroit. After she married, Pam began working with her husband producing two sports publications, **Football News** and **Basketball Weekly**. She was a Red Cross volunteer at Beaumont Hospital Grosse Pointe for 15 years. Pam enjoys golfing (sometimes!) and cooking.

Pam is proud to say that over the years, the involvement of women in all varieties of careers, especially in corporate settings, has changed. “Women have continued to prove themselves as more than capable beings, as we show that we think differently from men. It shows that we have the makings of a good team, and I am proud to be a woman.”

One piece of advice Pam has for the youth of today is to be present and enjoy each and every day. “Kids are more aware and sophisticated than my generation. It's wonderful and a privilege, but if you grow up too quickly, sometimes you forget to enjoy what's in front of you. You want to live your life with no regrets.”