



Allie Short
Case Coordinator

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Allie is The Helm’s Case Coordinator. Her job is to listen to people and figure out what they need and connect them with those resources.

“I work with individuals, their families, and support networks to help guide them through the complexities of issues in aging by listening to their situation and providing resources that could be helpful.”

It could be providing Meals on Wheels or a wheel chair through the medical loan closet, suggesting classes here at The Helm to provide interaction and socialization opportunities or connecting them to professionals to assist with medical issues or housing situations.

“Each situation is unique and requires good listening and investigative skills to determine what could be helpful and beneficial.”

Allie earned a Bachelor of Social Work degree with an English minor and a Master of Social Work degree with a Graduate Certificate in Gerontology from Wayne State University. While working on her degrees, she served as The Helm’s social work intern 2017 until she graduated in 2018. At that time, there wasn’t a staff position available at The Helm. Allie continued to volunteer at The Helm and began working as a social worker for a local home care agency. In November 2019, the longtime case coordinator at The Helm retired and Allie “rejoined” the staff.

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When Allie isn’t working at The Helm, she enjoys practicing yoga, spending time at the beach and traveling.