

HELP WANTED

ADULT DAY PROGRAM AIDE

FULL- AND PART-TIME POSITIONS AVAILABLE

This position is located at The Helm Wilson Day Center, 648 St. Clair, Grosse Pointe.

PRIMARY FUNCTION

This position provides compassionate, direct support to older adults, including individuals living with Alzheimer's disease and other forms of dementia. This role ensures patient safety, comfort and engagement through daily care and activity support in a respectful and inclusive environment.

KEY RESPONSIBILITIES

- Support participants with Activities of Daily Living (ADLs), including feeding, toileting, grooming and mobility as needed.
- Provide supervision and redirection to promote a safe and calm environment.
- Assist Recreation Lead to implement daily programming including music therapy, arts and crafts, light exercise and reminiscence groups, etc.
- Use effective verbal and non-verbal communication and de-escalation strategies appropriate for individuals who are living with dementia.
- Recognize and respond appropriately to signs of agitation, confusion or distress.
- Monitor for changes in participant behavior or condition and report observations promptly to the Director.
- Assist with meal setup and provide feeding reminders as needed.
- Maintain clean and organized activity areas and ensure adherence to infection prevention protocols.
- Complete daily charting as required.
- As part of the team, ensure cleanliness of facility. Regularly wipe down all common areas such as bathroom, kitchen and activity rooms.

MINIMUM REQUIREMENTS

- High school diploma or GED required.
- CNA certificate preferred or one-year relevant caregiving experience.
- Current CPR/First Aid certification (or willingness to obtain upon hire).
- Ability to work collaboratively and effectively with a diverse population and interdisciplinary team.
- Must be able to lift 40 lbs.
- Ability to read, write and utilize technology for documentation purposes.
- Complete all required training prior to start date and during service.

WORKING CONDITIONS

- Physically active role with frequent movement and participant interaction and engagement.
- Regular exposure to behaviors associated with cognitive decline (e.g., repetition, wandering, sundowning).
- May involve lifting, assisting with mobility, or helping clients in personal care situations.
- Hours typically Monday–Friday, daytime; no overnight shifts. **Benefits for full-time position.**

TO APPLY

Submit cover letter and resume to The Helm Executive Director Krista Siddall at ksiddall@helmlife.org or The Helm, 158 Ridge Road, Grosse Pointe Farms, MI 48236.

